



Farewell from Sayuri Miyazaki, Founder of Anacostia Hours



Dear Friends of Anacostia Hours,

I remember so many things happened in the last three years about the Anacostia Hours. In the year of 2004, I happened to know the Ithaca Hours, and since then I have got a positive vision about what the money should be. And in January 2005, I determined to try to have a local currency here and now, not in another place and not in future. So I formed the Local Currency Study Group to explore the possibility of a local currency in my community.

In order to ask a person to join the group, I said to everyone about the local currency: "This money will not go to the war; it will stay here, support each other and create jobs." This message is still including my true intention of the Anacostia Hours. I live in wartime and I do not want to kill somebody on the Earth using money in my small wallet. Now I remember the moment when I first used the Anacostia Hours at the Stuart's antique shop. I felt that I had gained independence from U.S. War Government. This feeling might be my daydream, but I am guessing that you also may feel something like this. I hope that the Anacostia Hours will bring a positive energy into your daily life and your community.

Since I am leaving for Japan on April 30th for a good reason, I resigned from the chair of the board. To the board members, I have appreciated all the efforts you have done. You are so wonderful, I will never forget you. To Anacostia Hours members, I have appreciated your participation. Please ask anybody, "Do you accept Anacostia Hours?" and then show the local currency. I think you could start to have a nice conversation. Thank you very much. I am still on the same planet and will see you again.

Peace to All,
Sayuri Miyazaki

Farewell from Sayuri	1
Membership Meeting	2
Artmosphere Café	2
Additions to the Directory	3
Welcome New Members	4
Upcoming Events.....	4
Spring Potluck.....	4
Referral Program.....	4
Anacostia Hours Committees	4
Anacostia Hours ListServ.....	4

Members Gather for Anacostia Hours First Annual Membership Meeting



Ted Porter leads
members in singing
"The Anacostia Hours Song"

Our first annual membership meeting was held on February 3rd at the Mt. Rainier Nature Center. It was an enthusiastic group of around twenty-five people who were eager to use their Hours and discuss new ways of earning them.

Nick Williams chaired the meeting. He talked about the history of Anacostia Hours and gave a report on what the board has been doing. He also talked about the rights of all members. Mary Parker presented a financial report and thanked the people who have signed up as supporters. Betty Scholten gave an update on the number of people who are members. (We now have 74 individuals and businesses signed up!) Sayuri Miyazaki presented a twelve-month plan, which the board of directors has adopted.

Sandy Smiroldo spoke about some plans for outreach to find new members. She reminded people that they could earn two Anacostia Hours by bringing in a new member. She also presented a sign-up sheet for people to volunteer for committees. The committees are Membership, Outreach and Circulation Watch. By the end of the meeting there were people signed up for each committee. Thanks to all who are participating.

Ted Porter presented his composition: *The Anacostia Hours Song*. Everyone there enthusiastically received it and all sang along on the chorus.

The meeting ended with a question and answer period.

The food was delicious, the company great and the conversation stimulating. All had a good time.

Artmosphere Café, in the Heart of Mount Rainier

Starting up in October of 2006, Artmosphere Café is a new café and community gathering place in the center of the Gateway Arts District and the heart of Mt. Rainier. Dyrell Madison and Andaiye Jamila Scott-Madison are the proprietors of the café, which offers a unique mix of food, drink, gourmet coffees, and weekly music and entertainment to the area.

Dyrell Madison welcomed the idea of Anacostia Hours from the beginning, and was one of the first retail businesses in Mt. Rainier to accept and use Hours. Once customers and employees became familiar with the currency, he reports, the café has both received Hours in payment and expended them in a variety of ways.

As in many cafes and restaurants, tips are pooled and then redistributed to employees. Dyrell includes Hours from the cash register for this purpose. For example, a distribution of \$10 may occur either in dollars or in the form of four ¼ Hour notes. He also uses Hours as an incentive: those employees who are seen as providing good customer service or marketing café merchandise items may be rewarded with Hours. Plans are also afoot to institute frequent visitor cards that would give some kind of price break or reward to customers who, for example, buy 10 or 12 espresso drinks over time. The

reward might come in the form of Hours, spendable at the café and elsewhere. And Dyrell spends Hours at other businesses in town, including Glut Food Coop, Dar Es Salaam Books and Heath Center, and Island Style Ice Cream.

Dyrell Madison is an entrepreneur, an innovator, and a businessman. He sees that strengthening community ties by using Hours will benefit local businesses, and vice versa. People using Hours will seek your business out, he believes. His message to other retail businesses: accept Hours and keep them circulating; don't let them pile up in your store. (One way to do this is to give out Hours in change.) He also encourages any business people who may be considering participating in the Hours system to take a little time at the beginning to learn about the history and purpose of the system and how it works. One easy way to do this is to watch the DVD on the highly successful Ithaca Hours program in New York State (available free from Anacostia Hours).

With new businesses entering the system and members of Anacostia Hours patronizing them, the volume of Hours exchanged and number of transactions will only increase, which is just fine with Dyrell and the Artmosphere Café.

ART INSTRUCTION

Wallace Boyd

Washington, DC
202-722-1911
Spinning, knitting and writing
classes for all ages

ARTIST

Elizabeth Harty

Mt. Rainier
301-927-0504
ellizarah@verizon.net
Painter and Printmaker

BARTENDING

April Brown

Washington, DC
202-256-1234
april.brown@longandfoster.com
Mixologist

CHILD CARE

Raina Martens

Mt. Rainier
301-699-5743
raina8@comcast.net
Babysitting and mother's helper

EDUCATIONAL CONSULTANTS

Ken Crowley

Mt. Rainier
202-423-3402
kpcrowley@gmail.com
Parent effectiveness training—
teaching children respect

**GARDENING &
HORTICULTURE**

Judy Walsh-Mellett

Mt. Rainier
301-927-2015
walsh_mellett@msn.com
Organic gardening consultation

GROCERIES

GLUT

Mt. Rainier
301-927-6560
chris@glut.com
More than 40 varieties of cheeses,
nuts, dried fruits, spices and
organic produce

**Has your listing information
changed? Send an email to
anacostiahours@yahoo.com
with new information and your
listing will be updated.**

HEALING ARTS

Jill Hall

Mt. Rainier
301-864-2365
hallj3@earthlink.net
Reiki practitioner

Elizabeth Harty, Lic Ac

Mt. Rainier
301-927-0504
ellizarah@verizon.net
Acupuncture

HOME HEALTH CARE

Hope Bauerlin, OSF

Silver Spring
301-588-4141
miriam20746@yahoo.com
Breastfeeding support and education

**HOME IMPROVEMENT AND
REMODELING**

William Updike

Mt. Rainier
301-864-1977
updikew@yahoo.com
Environmental building,
consulting and construction
management

**HOUSEHOLD, GENERAL
ASSISTANCE**

Anhelika Adams

Hyattsville
301-277-3486
Assistance with chores, parties and
other household needs

Petra Smith

Washington, DC
202-744-0424
petrankyle@yahoo.com
Cleaning, organizing your place
and help for your events and
parties

**JEWELERS AND JEWELRY
DESIGN**

April Goodwin

Clinton, MD
301-877-0604
agoodwin@surfmk.com
Jewelry design

MUSIC INSTRUCTION

Bruce Hutton

Mt. Rainier
301-779-5901
huttonfolkways@aol.com
Musician, concerts and lessons on

stringed folk instruments

PHOTOGRAPHY

Krista Schyler

Mt. Rainier
301-864-1977
Portraits, weddings, fine art prints
and more

REAL ESTATE

April Brown

Washington, DC
202-256-1234
april.brown@longandfoster.com
Realtor, Long & Foster Real Estate

RESEARCH SERVICES

Sam Hussein

Mt. Rainier
240-667-2141
samhusseini@gmail.com
Media and related information

SEAMSTRESS/SEWING

April Goodwin

Clinton, MD
301-877-0604
agoodwin@surfmk.com
Repair and sewing

TUTORING

Ligia Williams

Mt. Rainier
301-277-5318
ligiastell@hotmail.com
Tutoring for elementary students;
chess lessons

**WRITING & EDITORIAL
SERVICES**

Ayelet Hines

Mt. Rainier
301-779-2632
202-270-7365 (c)
elvisseats@gmail.com

Writing & editing

Krista Schyler

Mt. Rainier
301-864-1977
All types of writing—articles,
brochures, letters

Shivali Shah, Esq.

Mt. Rainier
240-582-6693
Editing, proofreading,
content/style, grammar,
journalism, business, fiction,
nonfiction, dissert, books,
proposals

Welcome New Members!

Wallace Boyd

Ken Crowley

Elizabeth Harty

Anacostia Hours Upcoming Events

for more information call 301.927.6216

May 12th

Hyattsville Anniversary Celebration

Festival: Noon Parade: 10:00 am
Magruder Park, Hamilton Street @ 40th Ave.

May 19th

Mount Rainier Day

Festival: 11:00 am Parade: Noon
Rhode Island Avenue

May 12th

HOURS Spring Potluck

6:00 pm
4101 29th Street, Mt. Rainier

June 2nd

Brentwood Day

Festival: 11:00 am
Bartlett Park, 4300 39th Place

Don't Miss Anacostia Hours Spring Potluck on May 12th!

You do not have to be a member to participate
Everyone is Welcome!

Where: 4101 29th Street
Mt. Rainier, MD

When: 6:00 p.m.
Saturday, May 12th

Bring a dish to share and
your own table service

This is a great opportunity
to meet members and
learn about their offerings
and how they earn HOURS

Have You Heard About . . .

The Extension of the Referral Program?

The Referral Program is extended until February 2008. Many members have earned Anacostia Hours simply by signing up a new member, and it is not too late for you to do the same thing. Tell your friends and neighbors about Anacostia Hours, and you will receive two additional Hours for each person that joins Anacostia Hours. You must fill out a Referral Form to receive your two Hours. Send an email to anacostiahours@yahoo.com to receive a referral form.

The New Anacostia Hours Committees?

You can take an active role in Anacostia Hours by joining one, two, or even three committees—Membership, Outreach, Circulation Watch. Call 301.927.6216 for more information.

The Anacostia Hours ListServ?

Stay informed about Hours news and events by joining the Anacostia Hours ListServ. It is a great way to reach people through email and stay in touch with other members. To join, go to groups.yahoo.com/group/anacostia_hours, click on "Join This Group!" and follow the instructions.



Anacostia Hours, Inc.
4101 29th Street
Mt. Rainier, MD 20712